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| **National Restrictions** |
| The whole country is in lockdown from 5th November 2020 until Midnight 2nd December.To protect our community and suppress the virus we are asking you to follow the rules:* You MUST stay at home
* Only leave home for food, medical reasons, exercise, education or work
* You MUST work from home if you can
* Avoid travel unless essential
* Schools and essential shops remain open

A reminder to our parents/carers:* If anyone in your household develops one of the symptoms below you **MUST** stay at home and book a test (you are permitted to visit the test centre)
* You **MUST** contact us as soon as possible and NOT come in to school
* The whole household **MUST** remain in the home until a negative result is received
* If you are in doubt ring the office on [enter school’s phone number here]
* Please **wear a face covering** on the school playground at all times. If you cannot wear a face covering for health reasons you **MUST** stay 2 metres away from any other person (staff on the playground have disposable face coverings in case you forget yours)

**The symptoms are:****A new continuous cough or three coughing episodes, a high temperature, loss of taste or smell****Please help us all to keep our children, staff, families and whole community safe.** |